



SRIWIJAYA UNIVERSITY

SICPH4<sup>th</sup>

Sriwijaya International Conference Of Public Health

# PROCEEDING BOOK

"HEALTH AND NUTRITION INNOVATION FOR BETTER  
LIFE STYLE IN DIGITAL ERA"

*Sept 21, 2023 | The Zuri Hotel, Palembang - Indonesia*



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*Public Health Faculty of Sriwijaya University*

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**PROCEEDING BOOK**  
**THE 4<sup>th</sup> SRIWIJAYA INTERNATIONAL CONFERENCE ON**  
**PUBLIC HEALTH**  
**“HEALTH AND NUTRITION FOR BETTER LIFE STYLE IN**  
**DIGITAL ERA”**  
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## PREFACE

**Ladies and gentlemen, distinguished guests, and esteemed colleagues,**

Assalamualaikum Wr Wb,

Good morning and welcome to the Fourth Committee of the Sriwijaya International Conference of Public Health. It is with great pleasure and enthusiasm that I stand before you today as the Chairman of this prestigious event, representing the dedication and hard work of all those involved in making this conference a reality.

Our journey to this momentous occasion has been marked by countless hours of planning, coordination, and collaboration. Today, we are honored to have nearly 40 oral presenters from around the world, each bringing their expertise, research, and innovative ideas to the forefront of public health discourse.

As we gather here to discuss, share, and learn from one another, we recognize the critical role that public health plays in shaping the well-being of individuals and communities worldwide. In an era where global challenges such as pandemics, environmental crises, and health disparities continue to test our resilience, it is our collective responsibility to explore new avenues and solutions for a healthier and more equitable future.

Over the next few days, we will engage in insightful discussions, exchange groundbreaking research findings, and forge meaningful connections that will undoubtedly contribute to the advancement of public health on a global scale. Our diverse range of presenters and topics promises to offer a rich tapestry of knowledge and expertise that will inspire and inform our collective efforts.

I would like to express my deepest gratitude to all the presenters, attendees, organizing committee members, and sponsors who have made this conference possible. Your commitment to advancing public health is truly commendable.

Without further ado, let us embark on this enlightening journey together, where ideas will flourish, knowledge will expand, and collaborations will take root. Together, we shall work towards a healthier, more resilient, and better-informed world.

Thank you, and let us commence the Fourth Committee of the Sriwijaya International Conference of Public Health.

Chairman of The 4<sup>th</sup> SICPH

Dr. Anita Rahmiwati, S.P.,M.Si

## **DEAN SPEECH**

**Ladies and gentlemen, distinguished guests, and esteemed colleagues**  
**Assalmualaikum Wr Wb**

A resounding welcome to The Fourth Sriwijaya International Conference of Public Health! It is an honor to see this esteemed assembly of minds converging here to discuss, deliberate, and shape the discourse on global public health.

As we gather under the banner of this conference, we stand on the cusp of a new era, where our interconnectedness and collective efforts hold the potential to drive transformative change. The theme of this conference, "Health and Nutrition Innovation for a Better Lifestyle in the Digital Era," aptly encapsulates the dynamic landscape we are navigating.

To our esteemed guests who have traveled from different corners of the world, we extend our deepest gratitude for joining us in this pursuit of knowledge and progress. Your diverse perspectives and expertise form the very bedrock upon which impactful conversations are built.

Over the coming days, I encourage you to immerse yourselves fully in the exchange of ideas, the exploration of novel solutions, and the camaraderie that comes from connecting with fellow thought leaders. Let us embrace this opportunity to ignite new insights, spark collaborations, and sow the seeds for actionable change that will resonate far beyond these walls.

Once again, welcome to The Fourth Sriwijaya International Conference of Public Health. Your presence fuels our collective commitment to enhancing global well-being and creating a brighter, healthier future for all.

Thank you. And Wassalamualaikum wr wb

Dean of Public Health Faculty

Dr. Misnaniarti, S.K.M.,M.K.M

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(Universitas Sriwijaya, Indonesia)

## KEYNOTE SPEAKERS



**Keynote Speaker 1**  
**Prof. Dr. Suzana Shahar**  
**University Kebangsaan Malaysia**

Suzana Shahar is a Professor in Nutrition and Dietetics from the Healthy Aging and Wellness Research Centre and Dean, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, and fellow of the Malaysian Dietitians' Association. She obtained her BSc (Hons) (Dietetics) from Universiti Kebangsaan Malaysia, MMed Sci (Human Nutrition) and PhD (Human Nutrition) from the University of Sheffield, United Kingdom. Her research interest is on nutrition and epidemiology of aging, nutrition and neuroscience and cancer. She has just completed a nationwide project on 'Neuroprotective Model for Healthy Longevity among Malaysian Elderly', funded by the Ministry of Education. She is currently leading a clinical trial (LRGS Ageless) to reverse cognitive frailty among Malaysian older adults funded by the Ministry of Higher Education, under the auspice of the World Wide Finger Trial. She is also leading a few other projects including 'Development of strategies for salt reduction for food eating outside of home' funded by the Newton Ungku Omar -MRC Fund and Resolve Project to develop salt reduction targets for processed foods. She filed two patents related to aging, oxidative stress, cognition and nutrition, ie. TP 3 in 1, polyphenol rich formulation and ulam raja dried powder formulation. She involved in several national and international task forces including the Malaysian Dietary Guidelines, Healthy Choice Logo, Salt Reduction Strategies; the World Health Organization Group Development Guideline for Dementia Risk Reduction, International Research on Dementia Prevention and Consortium on Longitudinal Studies on Memory.



**Keynote Speaker 2**  
**Sirinya Phulkerd, BSc., MSc., MPhil., Ph.D**  
**Mahidol University, Thailand**

Sirinya Phulkerd is a Assistant Professor in Institute for Population and Social Research, Mahidol University. Her interest research in food policy and governance, food systems, food environments, food security, obesity, healthy ageing, policy analysis, policy monitoring and evaluation. Her background study namely, In 1996-2000, she got Bachelor of Science in Biotechnology Mahidol University, Thailand. In 2002-2004, she got Master of Science in Biological Sciences University of Massachusetts, United States of America. Then She got Master of Philosophy in Public Health and Policy London School of Hygiene & Tropical Medicine, United Kingdom (2008-2010). In 2014-2017, she got Doctor of Philosophy in Food Policy Deakin University, Australia. His position namely, Assistant Professor, Institute for Population and Social Research, Mahidol University in 2018-2020. Lecturer, Institute for Population and Social Research, Mahidol University in 2016-2017. Research Analyst, Country Case Study Project for Policies for Prevention and Control of NCDs, the World Bank in 2012-2014. Manager, Food and Nutrition Policy for Health Promotion Program at International Health Policy Program, Ministry of Public Health Thailand in 2010-2014. Researcher, Health Promotion Policy Research Center at International Health Policy Program, Ministry of Public Health Thailand (2010-2014). She got many honors and award. Apart from that, she actively writes books and has publications in highly reputable international journals.





**Keynote Speaker 3**  
**Prof. Dr. Ir. H. Hardinsyah, MS**  
**Institute Pertanian Bogor**

Hardinsyah is a Professor in Nutrition Science at IPB University. He Got PhD in Nutrition Science at Nutrition Program, Medical School University of Queensland. According to Adscientificindex.com, he is one of the 40 highest ranking scientists of Indonesia in Health and Medicine. Currently he is the President of Federation of Asian Nutrition Societies (FANS). Previously he was the Dean of Faculty of Human Ecology, IPB University and Rector of University Sahid, Jakarta. His research and publication in the following link <https://scholar.google.co.id/citations?user=5cqECB4AAAAJ&hl=e>



**Keynote Speaker 4**  
**Cunigonda Hol**  
**General practitioner of Talmastraat, Netherland**

Cunigonda Hol is General Practice in Talmastraat, Netherlands. She also general practice teacher advanced training as a general practitioner (VOHA) and general practice trainer in OSS, Netherland. Her education from general practitioner in State University, Utrecht.



**Keynote Speaker 5**  
**Prof. Dr rer med. Hamzah Hasyim, S.KM., M.KM**  
**Faculty of Public Health, Universitas Sriwijaya, Indonesia**

Hamzah Hasyim is a professor in the field of Public Health, at Sriwijaya University. He was born in Ujung Pandang, on 26 December 1973. He studied undergraduate at the Faculty of Public Health, University of Indonesia (1999) and master's at the same campus (University of Indonesia 2009) and PhD at Goethe University, Frankfurt (2019). He is active in organizations: IAKMI, PERSAKMI, INDOHUN, AIPTKIM, and APACH. He also participated in various international training in the field of Public Health. He has experience as a speaker at international seminars. He is active as a reviewer in international journals and has publications in national journals and international journals of high reputation.

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